Praying for A Half Hour

$\left.\begin{array}{|c|c|}\hline 5 \\ \text { min } & \begin{array}{c}\text { Praise and Adoration } \\ \text { Praise God for Who He is. Think of one or } \\ \text { two attributes and praise Him for those } \\ \text { specifically. }\end{array} \\ \hline \begin{array}{c}\text { Confession } \\ \text { min }\end{array} & \begin{array}{c}\text { Take some time and confess both sins you } \\ \text { have committed, as well as sins of } \\ \text { omission (i.e. prayerlessness, etc) }\end{array} \\ \hline \begin{array}{c}\text { Gratitude }\end{array} \\ \text { min } & \begin{array}{c}\text { Thank the Lord for how He is working in } \\ \text { your life and the lives of others. Spend } \\ \text { time thanking Him for how He provides } \\ \text { for you. }\end{array} \\ \hline \text { min } & \begin{array}{c}\text { Family } \\ \text { Pray that they would love God with all of } \\ \text { their whole hearts, souls, and minds. Ask } \\ \text { the Lord to guide and protect your family, } \\ \text { both physically and spiritually. Pray for } \\ \text { specific needs. }\end{array} \\ \hline 5 & \begin{array}{c}\text { Intercession }\end{array} \\ \hline \begin{array}{c}\text { Take some time and lift those to the Lord } \\ \text { who are experiencing trials and tough } \\ \text { mimes. Pray for the lost and for the hurting } \\ \text { that you know during this time. }\end{array} \\ \hline \text { Petition } \\ \text { mine the final five minutes to lift your } \\ \text { mersonal needs and desires to the Lord. } \\ \text { Use this time to submit your will to God } \\ \text { and to ask Him for a heart of obedience. }\end{array}\right\}$

There you have it! 30 minutes and we haven't even included our churches or government or missionaries! Give each of these five minutes and you are up to 45 minutes, just like that!

Use a timer if you need it and end your time by reading or singing a hymn.

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## Praise and Adoration

| 5 |  |
| :---: | :---: |
| min | Praise and Adoration <br> Praise God for Who He is. Think of one or <br> two attributes and praise Him for those <br> specifically. |
| 5 | Confession <br> min |
| Take some time and confess both sins you <br> have committed, as well as sins of <br> omission (i.e. prayerlessness, etc) |  |
| 5 | Gratitude <br> Thank the Lord for how He is working in <br> your life and the lives of others. Spend <br> time thanking Him for how He provides <br> for you. |
| F <br> min | Family <br> Pray that they would love God with all of <br> their whole hearts, souls, and minds. Ask <br> the Lord to guide and protect your family, <br> both physically and spiritually. Pray for <br> specific needs. |
| 5 | Intercession |
| min | Take some time and lift those to the Lord <br> who are experiencing trials and tough <br> times. Pray for the lost and for the hurting <br> that you know during this time. |
| Petition <br> min | Use the final five minutes to lift your <br> personal needs and desires to the Lord. <br> Use this time to submit your will to God <br> and to ask Him for a heart of obedience. |

There you have it! 30 minutes and we haven't even included our churches or government or missionaries! Give each of these five minutes and you are up to 45 minutes, just like that!

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