

Praying for A Half Hour

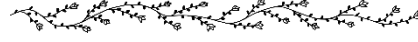


5 min	Praise and Adoration Praise God for Who He is. Think of one or two attributes and praise Him for those specifically.
5 min	Confession Take some time and confess both sins you have committed, as well as sins of omission (i.e. prayerlessness, etc)
5 min	Gratitude Thank the Lord for how He is working in your life and the lives of others. Spend time thanking Him for how He provides for you.
5 min	Family Pray that they would love God with all of their whole hearts, souls, and minds. Ask the Lord to guide and protect your family, both physically and spiritually. Pray for specific needs.
5 min	Intercession Take some time and lift those to the Lord who are experiencing trials and tough times. Pray for the lost and for the hurting that you know during this time.
5 min	Petition Use the final five minutes to lift your personal needs and desires to the Lord. Use this time to submit your will to God and to ask Him for a heart of obedience.

There you have it! 30 minutes and we haven't even included our churches or government or missionaries! Give each of these five minutes and you are up to 45 minutes, just like that!

Use a timer if you need it and end your time by reading or singing a hymn.

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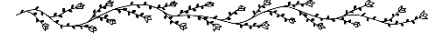


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